

Recent Books from Nepal – Feb 2026

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Anthropology

Encyclopedia of Indigenous Nationalities of Nepal, Volume 1: Introduction / Krishna Hachhethu (et al.)
Lalitpur: National Foundation for Development of Indigenous Nationalities (NFDIN), 2025
116p.
9789937991223
\$ 25.00 / PB
368gm.

The Encyclopedia of Indigenous Nationalities of Nepal, initiated by the National Foundation for Development of Indigenous Nationalities (NFDIN), aims to document various aspects of indigenous communities over the next five years, covering topics such as origin, language, traditions, and political representation. The project is supported by a team of scholars and aims to provide valuable resources for researchers, media professionals, and policymakers. This first volume serves as an introduction and sets the stage for subsequent volumes that will explore the diverse indigenous groups in Nepal.
<http://www.marymartin.com/web?pid=916186>

“Native Knowledge for Human Prosperity”: Dalits’ (Shilpees’) Glorious Arts and Artifacts Under Socio-Cultural Shackles / Dr. Govinda Sarki Nepali & Indira Ghale (Ed) Fraid Kalantari
Nepal: Dr. Govinda Sarki Nepali & Indira Ghale (Self-Published), 2025
320p.
9789937185288
\$ 50.00 / PB
650gm.

This book is a humble attempt to explore and honor the vibrant art, craft, and cultural heritage of the Dalit community in Nepali community that, despite centuries of marginalization, has continued to express its identity, resilience, and creativity through a rich variety of traditional practices. Often overlooked in mainstream narratives, Dalit contributions to Nepal’s cultural fabric are both profound and enduring. From blacksmithing and metalwork to music, leather craft, oral traditions, and ritual performances, the Dalit community has played a vital role in shaping local economies, social structures, and artistic expression across generations.
<http://www.marymartin.com/web?pid=916216>

Atlases/Maps

Nepal Atlas: Language Groups / Yogendra B. Gurung (et al.)
Lalitpur: National Foundation for Development of Indigenous Nationalities (NFDIN), 2025
284p.
Includes Bibliographical References
9789937974141
\$ 70.00 / PB
1148gm.

Atlas providing district level information and mapping on 103 ethnic (caste) and the 93 language groups in Nepal with statistics compiled in 2001.
(Ethnic Groups/Linguistics/Maps)
<http://www.marymartin.com/web?pid=916217>

Nepal Atlas: Caste and Ethnic Groups / Yogendra B. Gurung (et al.)
Lalitpur: National Foundation for Development of Indigenous Nationalities (NFDIN), 2025
328p.
9789937974134

\$ 70.00 / PB
1332gm.

(Ethnic Groups & Castes/Linguistics/Maps)
<http://www.marymartin.com/web?pid=916218>

Biography/Memoirs

An Overland Odyssey: Kathmandu-Paris-Kathmandu in 1970: An Alchemist Like Stories of A Young Nepali: Memoir / Shyam Mohan Shrestha
Kathmandu: Indigo Ink Pvt. Ltd., 2025
256p.
9780936385402
\$ 30.00 / PB
206gm.

This book is all about an adventurous trip of a young Nepali youth at 22 determined to travel to France overland from Nepal in 1970 even in the lack of sufficient fund as well as any clues about route, land scape or culture of the people in the countries that laid in between Nepal and France.

The book will also demonstrates one can always manage as he or she goes ahead with determination. He encountered various hurdles but came back home safe and sound. Later with continued association with France, he was lucky to be crowned with "Le Chevalier dans l'ordre de la Nationale de la Légion d'Honneur " the highest Civil award of France Created by Napoleon Bonaparte two hundred years ago.

<http://www.marymartin.com/web?pid=916221>

Economics

Participatory Economic Development: Meaningful Participation of Marginalized Sections in Nepal for Inclusive and Sustainable Development / Dr. Nanda Nepali
Kathmandu: Dr. Nanda Nepali (Self-Published), 2025
356p.
9789937188845
\$ 40.00 / PB
400gm.

Participation has established itself as a significant approach to project implementation, policy-making and governance in developing and developed country alike. Recently, however, it has become fashionable to dismiss participation as more rhetoric than substance, and subject to manipulation by development agencies and social change agents intent simply on pursuing their own agendas over the community consensus. This book highlights meaningful participation of marginalized groups overcharging slogan of SDGs 'no one leave behind' useful in the context of Nepal.

<http://www.marymartin.com/web?pid=916274>

Law

Some Glimpses of Legal History of Nepal (Based on the Curriculum of the Nepali Legal History and Legal Systems Prescribed by the Nepali Universities for the Bachelor's Degree in Law) / Prakash Osti
Kathmandu: Pairavi Prakashan, 2024
296p.
Includes Bibliography
9789937967310
\$ 35.00 / PB
294gm.

The Nepali Legal System carries all the tenets considered good in those systems. Just as Nepal avoided being colonised and maintained its independence and sovereignty, its legal history also sustained its own elements. The Nepali Legal System has kept alive its authenticity as it has developed on the foundation of its own legal history.

<http://www.marymartin.com/web?pid=916317>

Literature

Dark Motherland / Samrat Upadhyay
Kathmandu: FinePrint Pvt. Ltd., 2025

Iv.
9789937790826
\$ 30.00 / PB
754gm.

(Dystopian Fiction/Political Novel)
<http://www.marymartin.com/web?pid=916318>

Alphabets in the Snow / Nayan Raj Pandey (Translator) Anurag Basnet
Kathmandu: FinePrint Pvt. Ltd., 2025

Iv.
9789937790833
\$ 25.00 / PB
208gm.

(Fiction Novel/Magic & Hard-Nosed Realism)
<http://www.marymartin.com/web?pid=916319>

A White Life / Amar Nyaupane (Translator) Niranjan Kunwar
Kathmandu: FinePrint Pvt. Ltd., 2025

Iv.
9789937790888
\$ 25.00 / PB
306gm.

(Fiction Novel/ Political & Legal)
<http://www.marymartin.com/web?pid=916320>

Motley Tales / Madhav Acharya
Kathmandu: Kishu Acharya, 2024

Iv.
9789937979139
\$ 20.00 / PB.
168gm.

(Fiction Stories)
<http://www.marymartin.com/web?pid=916321>

Official Publications

National Population and Housing Census 2021: Labour Force and Economic Activities in Nepal: Thematic Report XVI /
National Statistics Office

Kathmandu: National Statistics Office, 2025

Iv.
9789937988827
\$ 75.00 / PB
498gm.

<http://www.marymartin.com/web?pid=915233>

Politics/Current Affairs

Infrastructures of Democracy: Politics and Processes of Road Building in Rural Nepal / (Eds) Katharine N. Rankin, Sara
Shneiderman & Mukta S. Tamang

Kathmandu: Martin Chautari, 2026

xiv, 374p.
Includes Index
9789937594387

\$ 40.00 / PB
434gm.

Infrastructures of Democracy is a vivid and original set of studies showing how Nepal's rural roads are more than infrastructure—they are contested terrains of politics, power, and everyday life. Sensitive to local voices and vernaculars, the authors rethink development and open new pathways towards imagining the possibilities of a just society.

<http://www.marymartin.com/web?pid=916322>

Sociology

Unsanskari: A Feminist Life / Nirvana Bhandary (Ed) Nikita Rai

Nepal: Nirvana Bhandary (Self-Published), 2025

248p.

9789937190893

\$ 35.00 / PB

270gm.

This collection of eight feminist essays explores what it means to be a millennial Nepali woman. With raw honesty, Nirvana Bhandary writes from lived experience, examining the social issues that shape women's lives. Each essay is threaded with her unapologetic feminist voice, covering themes of culture, women's bodies, identity, love and queerness.

This book is a thought-provoking personal exploration that invites readers to reflect on their own feminist journeys.

<http://www.marymartin.com/web?pid=916323>

Travel

Roots in Nepal: Wings in Canada / Basu Dev Gaudel 'Bijay'

Nepal: Nina Pandey Gaudel, 2025

xx, 248p.

9789937994705

\$ 20.00 / PB

180gm.

River-washed childhoods in Phalewas to night shifts in Vancouver, this intimate memoir weaves grit, grace, and unlikely kindness. Gaudel guides tourists through a war-torn Nepal, falls in love, and starts anew in Canada—learning languages, surviving a recession, and partnering with many colleagues. What endures are teachers, friends, and a fierce devotion to family. Roots in Nepal, Wings in Canada—an uplifting testament to work, loyalty, and hope, everywhere.

(Travelog)

<http://www.marymartin.com/web?pid=916324>

Everest: An Unfinished Story / Ashok Silwal

Nepal: Ashok Silwal (Self-Published), 2025

136p.

9789937189750

\$ 20.00 / PB

96gm.

Everest is not just about the summit. In Everest an Unfinished Story, Ashok Silwal goes beyond triumph narratives to explore ambition, sacrifice, and the unfinished human stories that unfold on the world's highest mountain.

(Travelog)

<http://www.marymartin.com/web?pid=916325>
