

Recent Books from Kenya – March 2024

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Anthropology/Archaeology

Samburu / Nigel Pavitt; (Foreword) Wilfred Thesiger
Revised Edition
Nairobi: Camerapix Publishers International Ltd, 2021
224p.
9781904722694
\$ 120.00/ HB
1292gm.

Just north of the Equator, where the Great Rift Valley provides some of the most spectacular scenery in Kenya, lies Samburuland. It is inhospitable country with a fierce climate, but it is home to a race of proud, tough, semi-nomadic pastoralists who, like their more famous relatives the Maasai, continue to withstand efforts to impose an alien culture, and live their lives very much as they have always done.

The Samburu, traditionalists in a world of change, follow a rigid social structure in which, before the era of colonialism, chiefs were considered unnecessary. The guidance of an astrologer, the rule of the elders, the force of custom and, as a last resort, the power of a curse, were sufficient to maintain law and order.

<http://www.marymartin.com/web?pid=869059>

Art

The Art of Resilience : Kenyan Art in 2020 / Wanyama Ogutu (et al.)
Kenya: TICAH – DreamKona, 2022
112p.
9789914404050
\$ 45.00 / PB
282gm.

<http://www.marymartin.com/web?pid=869060>

Biography/Memoirs

The Southern Sudan : Struggle for Liberty / Elijah Malok
Kenway Biographies and Autobiographies Series

Nairobi: Kenway Publications (East Educational Publishers Ltd.), 2009
346p. ; 210x148mm.
9789966256010
\$ 50.00 / PB
464gm.

For many centuries, the politics of Sudan has been characterised by racial dichotomy and identity crisis, specifically between the North and the South. Added to these is the long history of domination, unfavourable policies and uneven development. The resulting marginalisation, neglect and underdevelopment has bred a series of fierce conflicts culminating in one of the longest civil wars in Africa - between the Khartoum forces and the Sudan Peoples Liberation Army (and Movement), SPLA/M. The war ended with the signing of the Comprehensive Peace Agreement (CPA) in Nairobi on 9th January 2005. Unlike other publications, *The Southern Sudan: Struggle for Liberty* provides an in-depth view of the struggle from a veteran's perspective. Having himself lived the struggle and rising to the position of Commander in the SPLA, the author renders a story of the conflict of Southern Sudan right from the Juba Conference of 1947 and the August 1955 mutiny through the Anyanya Movements to the civil war and eventual peace. Using personal experience and accounts, he also carries with him the personalities and events that shaped the struggle and expresses his hopes and fears of the future of Southern Sudan. The events in the book are captivating, the narrative riveting and the historical perspective academically stimulating. The author's standpoint on issues is so provocative that it's bound to raffle a number of feathers in the political corridors of Southern Sudan.

<http://www.marymartin.com/web?pid=106039>

Debunk Quarterly, Issue 001: A Magazine of Non-Fiction and Reportage / Kiprop Kimutai (et al.) (Ed) Isaac Otidi Amuke
Nairobi: Debunk Media, 2024
204p.
9789914974201
\$ 40.00 / PB
554gm.

Debunk Quarterly is a magazine of non-fiction and reportage from Eastern Africa (for now and broadly with the exception of accepting exceptional pieces from elsewhere) publishing rare, deeply reported stories about the past, the present and the future and how the three relate to each other and especially to now.

<http://www.marymartin.com/web?pid=869061>

The Odyssey @40 Years In Journalism / Odhiambo Orlale (Ed) Peter Okong'o
Kakamega: InterCen Books Publishing Company, 2023
xi, 184p.
9789914973075
\$ 40.00 / PB
376gm.

The Odyssey: 40 Years in Journalism is a three-year comprehensive journey chronicling a 40-year career in the dynamic and challenging field of journalism. The narrative explores the author's experiences within the media industry, encompassing significant milestones such as their initial entry into journalism and the journey from reporter to bureau chief in Kisumu. It is an account of the many challenges and triumphs encountered while navigating through the Fourth Estate. These experiences range from navigating interactions with influential figures to grappling with professional and personal hardships, including the covering of the historic election of the 44th president of the United States of America in 2008 and German elections earlier and early retirement at 49 years after nearly quarter century of public service as MP (Member of the Press).

Through these candid insights, Odhiambo-Orlale gives a rare glimpse into rarely accessed exclusive locations, including Kenya's State House which offered him a unique vantage point on some of the country's most influential sites. Notably, the memoir incorporates perspectives from various media professionals and stakeholders, showcasing a diverse range of voices from both emerging and seasoned practitioners in the industry.

<http://www.marymartin.com/web?pid=869062>

'Karangaita' Kenya Coffee: A Biography of Russell Wollen KBE / Jane Walker

Australia: Inspiring Publishers, 2023

316p.

9781923087941

\$ 40.00 / PB

258gm.

In this fascinating family memoir, Jane Walker reveals the remarkable life and achievements of her father, Russell Wollen, a forgotten pioneer whose impact on the Kenyan coffee industry influenced the development of a nation.

From a grass hut to global negotiating tables, interwoven with the family's

narrative of love, drama and sacrifice, this absorbing tale is a poignant window into Kenya's colonial past. Wollen's resilience, determination and vision was instrumental in setting up Kenya Coffee's reputation for excellence on the world stage. Set against a background of political turmoil, personal trials, and the struggle for independence, "Karangaita Kenya Coffee" unwraps the heart and soul of a country forging towards freedom.

<http://www.marymartin.com/web?pid=869063>

Je, Huu Ni Uungwana? : A Memoir / Leonard Mambo Mbotela

Nairobi: Kenya Literature Bureau, 2023

xxviii, 228p.

Includes Index

9789966659163

\$ 30.00 / PB

322gm.

Born in 1940 in Mombasa, Leonard Mambo Mbotela yearned to be a broadcaster from childhood. He liked talking and interacting with people of all kinds. He was known as mtoto wa mambo mengi (a talkative child). He completed his Secondary education in 1962 and got his dream job at the Voice of Kenya (now Kenya Broadcasting Corporation) in 1964. Leonard worked passionately to become one of the excellent broadcasters in Africa.

Leonard Mbotela retired as Kenya's longest-serving broadcaster. As of 2022, when he left the studio, he had been on air for 58 years. His signature programme, "Je Huu ni Uungwana?", which continues to air on KBC radio to date, is the oldest in Kenya, having premiered in 1966. It has been running for the last 55 years. Mbotela's artistic mastery of Kiswahili language, his humorous disposition and his special gift of the gab helped him deliver his message to its target audience, in its intended form and with unrivalled clarity. Indeed, this placed him in a class of his own.

In addition, Leonard's superior storytelling skills and his ability to integrate personal experience and historical facts make this book an exceptional read. "Je, Huu ni Uungwana?" is an autobiographical narrative of Kenya's renowned broadcaster.

<http://www.marymartin.com/web?pid=869064>

Breaking the Illusions : A Memoir / Sicily Kariuki

Nairobi: Kenway Publications (East African Educational Publishers Ltd.), 2024

xii, 148p.

Includes Index

9789966568090

\$ 35.00 / PB

288gm.

Breaking the Illusions is the story of resolve and grit in the face of seemingly insurmountable challenges. In this tell-all book, the author paints an insider's view of government, exposing the odds that are inexorably ranged against those who challenge the status quo and are perceived to be all-powerful. Hers is the intriguing story of a mistaken tag that at once opens multiple warfronts with shadowy detractors and opens previously unimaginable doors. The author provides a window into statecraft in a way that leaves the reader, researchers, ministers and even serving and aspiring public servants richer.

<http://www.marymartin.com/web?pid=869065>

Home and Beyond: Memoir of Ambassador Edward Namasaka Bwisa / Edward Namasaka Bwisa

Kenya: Mukmik Consultants, 2023

xiv, 330p.

9789914496925

\$ 35.00 / PB

400gm.

Home and Beyond is a tale of hope, determination, patriotism and service to the country. This is the story of Ambassador Edward Namasaka Bwisa who was born and raised in Lutonyi village of Bungoma County in western Kenya.

As a small boy, he was guided as he closely watched his parents and internalized their ethics. The values of humility, hard work, determination, resilience, honesty and hope were infused in him at his grandparents' feet. As he ran across the fields and forests, his desires and dreams grew.

Edward Namasaka Bwisa embarked on a journey of education that took him to Uganda and eventually across the oceans to the United States of America for further studies.

Bwisa curved a successful career in the civil service. He served as an economist with a brief stint as a deputy secretary. He became a Kenyan ambassador and served in various foreign countries before retiring in 2003.

Bwisa would not have known anything beyond his home were it not for education and service to the country. It is this journey that thrust him from his home and beyond which he shares in this Memoir.

The book demonstrates how closely one man's life is clearly intertwined with a society undergoing rapid transformation. It provides, not only notable insights into the Kenyan civil service, including diplomatic experience and the continued challenges facing the African countries, but also unveils cultural heritage of his community.

<http://www.marymartin.com/web?pid=869066>

Bluff : A Fisheries Officer at Malindi / Thomas E Allfree

Naivasha: Old Africa, 2022

viii, 262p.

9798834661337

\$ 30.00 / PB

354gm.

Thomas Allfree, Malindi's Marine Fisheries Officer in the 1950s and early 1960s, called his autobiography Bluff, because he felt he had bluffed his way through life, succeeding in various businesses and activities, even though he had never formally been trained in any of them. Allfree first managed a farm in Kenya's Rift Valley before moving to Malindi in about 1945 and becoming a partner in Lawford's Hotel. He operated his own fishing business and then a dhow transport business between Malindi and Lamu, before taking on the job as a fisheries officer for the coast, basing himself in Malindi.

Alfree wrote this book after he was diagnosed with cancer and finished writing it before his death in 1978. The book tells how he came to Malindi after World War II and then details his work as a fisheries officer from the 1950s through 1964. However, he said nothing in the book about the last decade or more his life in Malindi after he retired as a fisheries officer. This book contains an added epilogue drafted by Old Africa magazine after meeting and interviewing many of Malindi's older fishermen and other residents who remembered Tom.

Though written as an autobiography, this book also reveals forgotten history from the island of Lamu (with first-hand character sketches of District Commissioner Charles 'Daddy' Cornell and 'Coconut' Charlie Whitton), as well as hilarious insights on riding with some of the coast's legendary country bus drivers, burials at sea, safaris in search of eel breeding grounds and much more. When you finish reading this book, you'll feel like you were transported back to Malindi town and a way of life on the Kenya coast that has now disappeared.

<http://www.marymartin.com/web?pid=869067>

No Tears For The Cherished: A Memoir / Dr. Nyaboke Nduati

Nairobi: Thousandfold Ltd, 2023

320p.

9789914502930

\$ 35.00 / PB

402gm.

No Tears for the Cherished is the heart-wrenching story of Dr. Nyaboke Nduati's small town childhood in Eastern Africa. Surrounded, and silenced, by devastating domestic abuse, family dysfunction and illness, witchcraft, patriarchal oppression, physical and sexual abuse, female circumcision, and the early deaths of both of her parents, she protected herself by going into survival mode; a state of numbness that was her shield against the realities of her troubled life. Through a deeply and vividly honest letter to her dead mother, Dr. Nyaboke Nduati explores the events of her life before and after becoming an AIDS orphan.

Her experiences of a childhood in distress, and a teenagehood of trying to put the pieces of her life back together, are all too relatable. She writes boldly, yet delicately, about the realities of an orphaned childhood, when no one comes to the rescue.

<http://www.marymartin.com/web?pid=869068>

The Betrayal of the Mau Mau Freedom Fighters / Gitu wa Kahengeri

Thika: Gitu wa Kahengeri (Self-Published), 2023

224p.

9789914496802

\$ 25.00 / PB

250gm.

Shujaa Gitu wa Kahengeri was born in Kiamwangi S Village, Gatundu in 1924 and embraced the struggle for independence at the early age of 17 years when he joined the Kikuyu Central Association. At the time, he used to run errands for older members of the association.

Later he undertook his primary school education at Kagumo School before being employed by the Kenya Post Office and other subsequent employers. He would later join the Kenya African Union as a political activist and then was made a Mau Mau strategist and became one of the people who initiated a guerilla warfare against the British colonial government.

Shujaa wa Kahengeri was later arrested and detained under the Governor Detention Order number 132. His camp number was 1262. He was detained at various detention camps but served longest at the Takwa Detention Camp in Manda Island, Lamu where he was incarcerated together with his biological father Kahengeri wa Gitu.

On release from detention after seven years he joined active politics, initially at the county council level and later as a member of parliament for Juja Constituency. He served for two terms.

Shujaa wa Kahengeri was also involved in the 'second liberation' of the 1990s when he joined the original Forum for the Restoration of Democracy (Ford). He was a delegate of the Bomas Constitution Conference that birthed the 2010 Kenya Constitution. Shujaa wa Kahengeri is a founding member of the Mau Mau War Veterans Association (MMWVA) of which he has been secretary general from 2003 to date. In this capacity, he led his members in filing a reparation case against the British Government in 2009 for atrocities committed against Kenyans by British colonial forces during the emergency period of the 1950s. MMWVA won that court case and its members were awarded exgratia payment and the British government issued a statement of regret for the atrocities committed.

<http://www.marymartin.com/web?pid=869069>

Why (Not) Me : A Memoir / John C Gichinga

Kenya: Hadthi Publishing Hut, 2024

224p.

9789914504613

\$ 35.00 / PB

298gm.

Reverend John Gichinga's life mirrors the idiom "Skin of a Rhino I, Heart of a lamb" in a profound way. Born without a prophet's foresight into a journey sculpted solely by divine hands, his story unfolds with peaks of joyous camaraderie and valleys of solitary questioning Why Not Me is full of lessons gleaned from John Gichinga's experiences, akin to gold in value, beckon others to witness a life lived gracefully.

<http://www.marymartin.com/web?pid=869070>

Obama Senior : A Dream Fulfilled / Fredrick Donde

Nairobi: Kenway Publications (East African Educational Publishers Ltd.), 2015

xviii, 134p.

Includes Index ; Bibliography

9789966560391

\$ 25.00 / PB

1920gm.

In this book, the author re-traces the life of Barack Obama Senior and how his character, vision and intellect influenced his son's drive to the most powerful office in the land. In so doing, the author revisits the events in pre- and post-colonial Kenya and how these, too, had a bearing on the life of Obama Senior. The book also relates the history of his people - the Luo - from their original settlements along the Nile in Egypt and the Sudan to their present homelands in East Africa and the Great Lakes region. It details the often tragic and ultimately triumphant struggle of a people in pursuit of a just, peaceful and progressive society.

<http://www.marymartin.com/web?pid=869071>

The Stepping Stones: The Journey of Becoming / Alex Miringu

Nairobi: Alex Miringu (Self-Published), 2023

88p.

9789914500615

\$ 15.00 / PB

124gm.

No phrase better describes The Stepping Stones than unbridled ambition. This is the story of the youngest person to ever be on the ballot box in Kenya at just 19 years of age and straight from high school, Alex Miringu gave a stab for the member of the county assembly in Nairobi. This is the story of a boy with the convictions of a Buffalo and the faith of a child.

Miringu, in simple yet captivating language, lets the reader into the arena that is the murky waters of politics as he traces his motivation to join a career that has long been considered a retirement plan.

It is a story of courage as much as it is a story of determination. The message in the book is a clear one to any youth in Africa and around the world: you can be whatever you want to be so long as you remain focused on your goals. Don't be discouraged because of your youth. Miringu finds hope in the words of 1 Timothy 4:12- "Let no one despise your youth but be an example to the believers in word, in conduct, in love, in spirit, in faith and purity."

Miringu views the challenges, the failures, the successes and the lessons he picked in his attempts to lead his people simply as Stepping Stones to a greater and brighter future. This is a journey of hope, of courage and of becoming.

<http://www.marymartin.com/web?pid=869072>

Pieces of Me : Journey to Interfaith Unity and Diplomacy : A Memoir / Dr. Hassan K. Omari

Nairobi: Chance Publishers, 2023

xxvi, 170p.

9789914988253

\$ 30.00/ PB

270gm.

"Dr. Kinyua's memoir, Pieces of Me, is a compelling and thought-provoking exploration of interfaith relations in Eastern Africa. His personal reflections and experiences offer a unique perspective on the challenges and triumphs of promoting unity and understanding among different religious communities. I highly recommend this book to anyone interested in interfaith activism and the pursuit of peace." - Prof. Karori Mbugua, Chairman, Department of Philosophy and Religious Studies at the University of Nairobi (UoN).

"Dr. Kinyua's memoir, Pieces of Me, is a powerful testament to the importance of interfaith relations in today's world. His personal journey and the lessons learned along the way offer valuable insights into the challenges and opportunities of promoting peace and understanding in diverse communities. This book is a must-read for anyone interested in building bridges across religious divides." - Dr. F. S. Abdalla (HSC, EBS, MBS, OGW) The Vice Chairman - Inter-Religious Council of Kenya (IRCK)

"In 'Pieces of Me, Dr. Kinyua shares his remarkable journey from a young boy growing up in a small village to one of the most respected interfaith leaders in Eastern Africa. This is a must-read for anyone interested in understanding the complexities of religious identity and the power of dialogue to bring people together." - Sheikh Salim Abubakar Bajaber. Managing Director - Pembe Flour Mills Kenya.

<http://www.marymartin.com/web?pid=869073>

From Village to Village : A Journey Through the Corridors of Justice / Justice Onyango Otieno

Nairobi: ACK Uzima Publishing House Ltd, 2023

288p.

9789966960399

\$ 35.00 / PB

294gm.

From Village to Village, details the amazing journey of Lay Cannon Justice (rtd) Onyango Otieno from his rural village in Kandaria, Asembo, to the highest echelons of the Legal Profession. This exciting journey tells us of the numerous tests he faced as a Lawyer and a Judge on the corridors of Justice. A true authentic look at the system.

<http://www.marymartin.com/web?pid=869074>

Piano Keys And What's Inside: The Story of Fortune / Price Omondi

Nairobi: Price Omondi (Self-Published), 2023

x, 88p.

9789914503661

\$ 20.00 / PB

130gm.

Experience the indomitable human spirit in Price's inspiring story. Enduring the loss of his mother at a young age, Price persevered and carved out a music career. His story is a testament to the human spirit's resilience and determination. This is a must-read book that will motivate and inspire you.

<http://www.marymartin.com/web?pid=869075>

The Assessment of My Life : At the Service of the People : An Autobiography of Patrick Efinda / Patrick Efinda

Kenya: Patrick Efinda (Self-Published), 2023

80p.

\$ 15.00 / PB

92gm.

Nowadays, everybody wants to be a leader, but few measure the weight of that position. It is said, "heavy is the head that wears the crown". Well, heavy is the weight on the head of the leaders. See, being a leader isn't necessarily about you wearing the crown. But about you acting in the way that put a crown on everybody's head and you wearing the weight of them all. This is leadership through Luther King's life and Luther King's death. This is leadership through Mandela's achievement. This is leadership through Julius Nyerere's vision. What is that leadership? It's a package of values that one can't claim to be a leader without the humble practice of Investment, Communication and Vision.

<http://www.marymartin.com/web?pid=869076>

Best Before '09 : Of Life, Death, and Everything in Between / Sharon Gwada

Kenya: Sharon Gwada (Self-Published), 2023

164p.

9789914502138

\$ 20.00 / PB

174gm.

Meet Gwas,

The quintessential middle child with the best of both worlds – older siblings to look up to and younger siblings to mentor. He's the smartest, funniest, and the family's center of gravity.

Fast forward,

Tragedy strikes and he isn't the perfect child anymore. He still keeps the peace but smiles a lot less and speaks a little softer.

Everyone jumps in the wagon and tries to wheel him toward the light at the end of the tunnel, but he's a boy with a mountain to climb.

Nothing prepares us for what is about to happen

It's not the end we hope for. And I have come to realize there are two endings in life, as it is in movies, jobs, sports, vacations, children, and books; the ending you want, and the ending you get.

<http://www.marymartin.com/web?pid=869077>

I Once Had A Son / Felicita Churie

Second Edition

Kenya: Felicita Churie (Self-Published), 2023

138p.

9789914501582

\$ 15.00 / PB

172gm.

First and foremost, I have written this story as a way of seeking healing and keeping my son's memory alive. I also hope that parents who have lost their children will find some comfort in knowing they are not alone in their grief.

And to the kidney patients, may they be informed that there is hope in medicine and in the development of the newest methods of treatment. Donating a kidney may seem a big deal but to me, it was the solution and the best I could do.

To all doctors that take care of our patients, I extend my heartfelt gratitude for their priceless sacrifice in working long hours to see that their patients get back their good health.

<http://www.marymartin.com/web?pid=869078>

This is Dave / David Ndirangu

Nairobi: David Ndirangu (Self-Published), 2023

100p.

9789914501193

\$ 10.00 / PB

114gm.

Snippets from the early life of a young village boy.

David Ndirangu holds a Bachelor of Science (BSc) International Business Administration from United States International University Africa (USIU-A) and is a Certified Public Accountant of Kenya (CPA K). He for several years worked as an External Auditor for various organisations in diverse sectors in addition to serving as a Financial Accountant in a number of corporate entities rising to the position of General Manager Finance, Administration and Strategy in a Regional Multibillion Shillings organisation.

<http://www.marymartin.com/web?pid=869079>

Solja : Diary of a Private Security Guard / Col (Rtd) J M Owuoth

Kenya: The Writers Pen Publishers, 2024

ix, 155p.

9789914409253

\$ 15.00 / PB

172gm.

"Solja! Diary of a Private Security Guard" is a compelling and insightful account of the life of a security guard within a gated community in the outskirts of Nairobi, Kenya. The book delves into the daily thoughts, tribulations, and experiences of the security guard, offering a window into his private, social, and spiritual moments. Authored by a former Kenya Defence Forces officer and security consultant, the book provides a true and unfiltered portrayal of the guard's life, while also addressing the growth of the private security industry in Kenya. Through its engaging narrative, the book encourages readers to consider the personal lives and challenges faced by the often overlooked individuals who play a crucial role in ensuring our safety and security.

<http://www.marymartin.com/web?pid=869080>

Ecology/Environment

Perching – The Ibis Has Landed : Lamentation (The Experiences of the Hadeda Ibis : A True Story, a True Occurrence) / Winstone Sharrad

Kenya: Winstone Sharrad Publications, 2022

112p.

\$ 12.00/ PB

208gm.

This book explores environmental degradation through the mind of the noisy ibis which according to the author laments the wanton encroachment and destruction of animal and for that matter habitat and the ecosystem through pollution of water sources, cutting of trees for human developments thus depriving the bird of places to nest, breed, feed or perch. The ibis gives a raft of measures mankind should consider through a memorandum on the way forward. The ibis attempts to describe some of the encroachment on her space through the raucous noise of disdain and protestits ribcracking but an informative read.

<http://www.marymartin.com/web?pid=869081>

History

Luo Of Kenya : Chronicle Profile of Clans / Stephen Osheyo

Nairobi: Stephen Osheyo (Self-Published), 2023

xxiv, 534p.

Includes Index ; Bibliography

9789914501216

\$ 80.00 / HB

980gm.

This book appeals to readers of all interests and academic backgrounds. It is a simple narrative that reveals profound historical truths around the Luo. It is enlightening and informative to those who want to unmask the untold stories behind the Luo nation. A splendid piece of work! – PROFESSOR KHAMA ROGO

One of the most detailed pieces on what makes the Luo community tick. A must read for anyone who is interested in connecting the ancestral dots. – GEOFFREY KODILA, DIRECTOR, UNITED LUO ELDERS FORUM

A riveting account of a resilient Luo community. A towering elucidation of a people, their way of life, resilience, inspirations and legends. A commendable work. A deep dive and highly readable presentation about what you need to know about the Luo, an outstanding community in the quest for justice, socioeconomic inclusion and good governance in Kenya. An amazing celebration of the many clans that make up the Luo community. A brilliant chronology of the Luo in-groups. – OCHIENG OGODO, MEDIA AND COMMUNICATIONS EXPERT / CONSULTANT. CONSULTING EDITOR, SCIENCE JOURNALIST

<http://www.marymartin.com/web?pid=869082>

A Century at Kilindini: The Story of Mombasa's Mission to Seafarers, 1921-2021 / Michael Sparrow

Nairobi: Michael Sparrow (Self-Published), 2021

xii, 140p.

Includes Bibliography

9789966757746

\$ 35.00 / PB

284gm.

One hundred years ago The Missions to Seamen opened its doors at Kilindini to the crews of ships visiting Mombasa. The port had no wharves and vessels worked their cargoes at anchorage but the first Chaplain wrote, "Mombasa is undoubtedly the port of East Africa, and destined to figure more conspicuously among the ports of the world as time goes on." That foresight has proven true as the port has developed through many challenging circumstances – a World War, Kenya's Independence, regional conflicts, ocean piracy, and the coronavirus pandemic of 2020 – to its leading role in the region's trade.

Through all the changes of these hundred years, one constant has been the pastoral and practical care offered by The Missions to Seamen for the many thousands of international seafarers who come to Mombasa each year. As the commercial pressures of shipping intensify, the human needs of the men and women who crew the ships are all too often overlooked. The Missions try to respond to those needs by visiting on board ships in the port and by providing a homely welcome at the seafarers' Centre. Now known as The Mission to Seafarers, the organisation continues actively in its core purpose of promoting the welfare of all seafarers. This book unfolds the story of this century of care. It tells a little known part of the history of Mombasa and its harbour, and provides insights into usually unseen aspects of the lives of seafarers that will be of interest to the general reader as well as to those engaged with the maritime world.

<http://www.marymartin.com/web?pid=869083>

The Forgotten Heroes and Heroines (Mau Mau War Veterans) / Njonjo Kihuria

Nigeria: Mau Mau War Veterans Association, 2014

146p.

9789966083173

\$ 20.00 / PB

182gm.

As Kenya celebrates 50 years since the country recovered independence from the British colonial rulers, many men and women who fought gallantly for freedom and the grabbed land, have died their role in struggle unrecognized. Most have died a poor, ailing lot, without adequate food, shelter or shoulders to lean on.

They died unnoticed in independent Kenya, just as they would have died in the forest, detention camps or in emergency torture villages fighting to remove the country from shackles of colonialism in the 1950s.

The few survivors of the Mau Mau Freedom Army still lumber along, old and many without limbs or with bullets still lodged in their bodies. They have for more than half a century endured neglect and painful physical and psychological scars which have immobilized them. Some of them are barely clothed as they were in the forests, prisons, detention camps and emergency villages.

These heroic patriots who fought the might of the British Empire with bare hands, machetes and homemade guns and won, had their victory stolen from them at independence by corroborators who included loyalists and home guards. And since independence in 1963, the survivors of the Mau Mau uprising have remained a forgotten lot. Nothing has been done to have their stolen land or property (that reverted from the white to the black masters), returned to them and they have not been compensated for the suffering they underwent during the struggle for independence.

This is the story of torture and suffering under both the colonial and independent regimes as told by some of the Mau Mau survivors.

<http://www.marymartin.com/web?pid=869084>

Harnessing the Trade Winds : The Story of the Centuries Old Indian Trade with East Africa Using the Monsoon Winds / Blanche Rocha D'Souza

Kenya: Zand Graphics Ltd, 2008 (Reprinted 2021)

204p.

Includes Index

9966712321

\$ 40.00 / PB

264gm.

Harnessing the Trade Winds is the outcome of a generation of research undertaken in Nairobi, Mombassa and Zanzibar in East Africa, and Mumbai and Goa in India. Of her work the author says: "In all my research I found that Arab and particularly European, sources of information downplayed the importance of Indian trade in the Indian Ocean which goes back at least three thousand years BC. [The book] attempts to rekindle in the Indian diaspora a justifiable pride in the achievements of its forebears in East Africa, and indeed other parts of the world. In East Africa they promoted the development of agriculture and industry and the globalization of trade stemming from their trading activities."

<http://www.marymartin.com/web?pid=869085>

Stoning the Devil of War in Sudan : Rethinking the Chronicles Resolving the Puzzles Reversing the Cycles / Eltigani Ahmed

Kenya: Eltigani Ahmed (Self-Published), 2023

xx, 196p.

9789914498325

\$ 30.00 / PB

212gm.

If you followed the fighting that erupted in Khartoum on April 15, 2023, you would have asked: what's going on in Sudan? Stoning the Devil of War in Sudan offers an answer that detaches from the media narratives to critically investigate the sociopolitical, sociocultural, and socioeconomic undercurrents of the war.

Stoning the Devil pursues a therapy to Sudan's tribulation in the lives of its people and in the broader Pan-African journey to self-realization. It provides contextually-relevant case-studies from Angola, Kenya, Mozambique, Rwanda, Sierra-Leone, South Africa, Tanzania, and South Sudan.

The book metaphors an attempt to break the serial nature of the war in Sudan through logical and chronological actions to rethink its narratives, decipher its intricacies, and resolve its riddles. It presents a structured roadmap to transition the country into a resilient peace and social cohesion.

Stoning the Devil of War in Sudan recommends practical actions for political stability, socioeconomic development, security sector reform, foreign relations normalization, transitional justice, social infrastructure rebuilding, and education system transformation.

<http://www.marymartin.com/web?pid=869086>

Law

EAJHL-Eastern Africa Journal on International Humanitarian Law, Volume 2, Issue 1 / University of Nairobi School of Law (Ed-in-Chief) Dr. Kenneth Wyne Mutuma

Kenya: Ssali Publishing House, 2023

xii, 204p.

9789914123456

\$ 50.00/ PB

322gm.

The Journal aims to provide original in depth investigations of both theoretical and practical questions on international humanitarian law and related themes within public international law, especially those with a focus on the African context. The journal's raison d'être is to promote scholarly discourse by way of publications scholarly articles whose purpose is to contribute to and advance the academic debate, as well as those aiming to provide analysis of development in jurisprudence, international instruments and practice in the field of international humanitarian law. The Journal's coverage spans international humanitarian law and all other areas of law with a bearing to or nexus with armed conflict and warfare. At a time when the world is witnessing the immense technological advancements and increasingly sophisticated methods of warfare, the journal is an essential read for humanitarian actors and generally anyone who interacts with international humanitarian law either as a judge, judicial officer, lawyer, state officer, government

official, member of armed and disciplined forces, stakeholders in external and internal security sectors, academic graduate/post graduate students.

<http://www.marymartin.com/web?pid=869087>

The Supreme Court Settles The Law, Volume 1 & 2 / Canon Dr. Wamuti Ndegwa (Ed) Dr. Kenneth Wyne Mutuma

Kenya: Ssali Publishing House, 2023

1v.

9789914967258(Set) ; 9789914973501 ; 9789914973518

\$ 200.00 (Set)/ HB

2046gm.

Inspired by the words of Hon. Chief Justice Dr. Willy Mutunga to the effect that the Supreme Court should seize every matter that comes before it as an opportunity to pronounce high quality guidance on interpretation and application of the law, the Author has compiled a collection of the court's precedents. Based on how various laws of Kenya, including the constitution, statutes, subsidiary legislation, doctrines and principles of Common Law should be interpreted and or applied in the course of determining the disputes, the Supreme Court has, in effect, generated a new jurisprudence.

Since Article 163(7) of the Constitution of Kenya 2010 provides that the precedent set by the Supreme Court is binding on all other courts, this collection presents the supreme judge-made law of the land. These decisions manifest beautiful pieces of jurisprudence valid in Kenya and the length and breadth of the Common Law world. The book is a great resource and reference book for other judges, practitioners and scholars in Kenya, other common law jurisdictions, and beyond.

<http://www.marymartin.com/web?pid=869088>

Law of Succession / W M Musyoka

Second Edition

Nairobi: LawAfrica Publishing (K) Ltd., 2022

Ixvi, 510p.

9966531018 ; 9789966531018

\$ 75.00 / PB

602gm.

This text broadly and comprehensively covers the area of law of succession in Kenya. It exposes the substantive succession legal regime applying in Kenya as well as the Kenyan probate practice. It is tailored specifically for the legal practitioner, the magistrate and judge, and the law student. Some of the key areas covered include; Testate Succession; Intestacy; Post-Mortem alterations among many others. It is currently the only text on succession law in Kenya.

<http://www.marymartin.com/web?pid=869089>

Constitutional Law, Doctrines and the Litigation of Fundamental Rights and Freedoms / Issac Lenaola & Arnold Ochieng Oginga

Nairobi: LawAfrica Publishing (K) Ltd., 2023

Ixiv, 540p.

Includes Bibliography

9966531148; 9789966531148

\$ 75.00 / PB

628gm.

<http://www.marymartin.com/web?pid=869090>

Social and Economic Rights in Kenya : Theory, Practice and Jurisprudence / Andrew B. Khakuba

Nairobi: LawAfrica Publishing (K) Ltd., 2022

xvi, 154p.

Includes Bibliography

9966531117 ; 9789966531117

\$ 40.00 / PB

188gm.

Article 43 of the Constitution of Kenya 2010 provides for a fascinating group of rights known as socio-economic rights. This constellation of rights, shimmering like rare jewels in a well-guarded vault of human rights includes the right to the zeniths of health and accessible housing, a diamond studded right to freedom from hunger, a sapphire-encrusted claim to education and the glistening aquamarine currents of sparkling clean and safe water, flowing with the promise of vitality and renewal for Kenyans of all walks.

Yet, within this captivating construction lies a paradox-a glimpse into the intricate dance between aspiration and pragmatism for a developing country like Kenya that struggles to allocate resources required to make socio- economic rights a reality for its citizens. The book dares to question: Is Article 43 of the Constitution of Kenya a lyrical masterpiece awaiting realization, or can its radiant clauses be transformed into actionable policies of a binding nature? The discourse herein invites the reader to embark on a journey through a scholarly boulevard that explores the mosaic of socio-economic rights, unravelled with eloquence, juxtaposed against the canvas of Kenya's legal landscape and economic realities and enriched with comparative perspectives from analogous jurisdictions.

<http://www.marymartin.com/web?pid=869091>

Crafting Persuasive Arguments: Mastering Research Writing and Communication Skills for Success in Law School and Practice /

Kenneth Wyne Mutuma & Maryanne Mburu

Kenya: Ssali Publishing House, 2023

xx, 144p.

9789914967210; 9789632538282

\$ 25.00 / PB

220gm.

Crafting Persuasive Arguments is an indispensable guidebook for law students and practitioners seeking to hone their persuasive argumentation skills in legal writing and communication. The book takes readers through a comprehensive, step-by-step process for writing persuasive legal arguments. The book first introduces the fundamental principles of persuasive argumentation and how they apply to legal writing and communication. It then delves into effective research techniques including how to identify relevant sources, assess their credibility, and organize the information gathered. The writing section covers essential topics such as structure, organization, clarity, conciseness, persuasive language, and tone, as well as citation formats, plagiarism, ethics, and professionalism. The second section covers tools and resources for legal research and writing, including an overview of the South Sudan's legal system and strategies for citing cases. The third section provides guidance on academic writing, including essays, research papers, and dissertations and covers legal reasoning and analysis. The fourth and fifth sections focus on communication skills, including critical listening, thinking, and analysis, assessing literature, note-taking, case briefs, soft skills, legal communication styles, and effective stakeholder communication. Through-out the book, the author uses real-world examples to illustrate key concepts and provide practical insights into the legal profession. With Crafting Persuasive Arguments, readers will learn to master the essential skills needed to make compelling and persuasive arguments in their legal practice.

<http://www.marymartin.com/web?pid=869092>

Exploring the Nature of Law : A Journey Through Social Foundations of Legal Systems and the Philosophy of Jurisprudence /

Kenneth Wyne Mutuma

Kenya: Ssali Publishing House, 2023

xxv, 279p.

9789914967234

\$ 40.00 / PB
382gm.

The book's raison d'être is to promote scholarly discourse and dissemination of knowledge on the nature of law by analyzing the nature and development of jurisprudence. It aims to provide original in-depth investigations of both theoretical and practical questions on the social foundations of legal systems and the philosophy of jurisprudence, as well as their applicability in the context of South Sudan. The book traces the social foundations of law by analyzing its relationship with other concepts, its sources and classifications, then concludes with an assessment of the judicial system of South Sudan. The second part of the book is a dissection of the philosophy of jurisprudence. Here, various philosophical perspectives of the law are discussed, including natural law theory, positive law theory, sociological theory, realist theory, conflict theory, Marxism, and African customary law. It provides the reader with a theoretical understanding of the ideologies that shape laws and policies, as well as contemporary problems. This book is an essential read for anyone who interacts and is curious about law and philosophy.

<http://www.marymartin.com/web?pid=869093>

Literature

Cross-Roads: Legend / Mirigo Kinyanjui
Kenya: Mirigo Kinyanjui (Self-Published), 2023
vi, 202p.
9789966112804
\$ 20.00 / PB
274gm.

Crossroads Legend is based on real life experiences in a story that captures various cultures from different continents in a love story that involves an African girl with a Muslim billionaire heir.

There are mountains in every life. The heat is felt in homes, nations, religion, and ethnic groups. All we need is a seed of hope to look forward to, new possibilities without anyone judging us.

Meet the trailblazer – Wairimu Ndegwa – a fearless young girl determined to change her odds and the landscape we are accustomed to.

Meet the wealthy heir – Jamal – a young man compelled by love to imagine life afresh in a cauldron of passion forged for two when he meets the woman, he never knew he needed.

Meet the antagonist – Watur. Like a ghost from the past, he appears from the blue to either help you complete life's puzzles or destroy the little hope you hang onto.

Meet the intrigue-filled family: Cross-Roads Legend listens to you and answers right back. Karibu to this epic life journey.

<http://www.marymartin.com/web?pid=869094>

Escape from Australia : Collection of Short Stories / Thirsty Kipsoiwet Chemnjor
Kenya: Thirsty Kipsoiwet Chemnjor (Self-Published), 2024
354p.
97988793508976
\$ 30.00 / PB
430gm.

"Escape From Australia" by Thirsty Kipsoiwet Chemnjor is a hair-raising real-life tale that unveils the indomitable spirit of an ambitious Marakwet man. The narrative compellingly navigates the protagonist's journey, capturing his ambition to "show chest" before he was abruptly forced to see "the other side of the world" with a "Naked Eye."

<http://www.marymartin.com/web?pid=869095>

Confessions of Nairobi Men : True Stories Told / Joan Thatiah

Nairobi: Stori Zetu Books, 2023

280p.

9789914502671

\$ 25.00 / PB

296gm.

Confessions of Nairobi Men is a culmination of three years Joan Thatiah has spent having candid conversations with men and women living in Nairobi.

In this book, you will come face to face with fifteen men. Men who have been broken in every way, men who are still trying to pick up pieces of their lives, men who are deeply passionate and men who are deeply faulted.

<http://www.marymartin.com/web?pid=869096>

Visions of Chrysalis : A Novel / Franz Owano

Nairobi: Wanderer's Path Publishers, 2024

356p.

9798224712229

\$ 25.00 / PB

416gm.

Set in the 22nd century, mankind's dependence on technology ushers in a bold new era of evolution. The proliferation of Artificial Intelligence in due time, pits man against machine. Phasing out the middle class and thus widening the gap between the affluent and destitute. Sparking the spectre of insurrection, wars & the volcanic upheaval of revolt. In a bid to resolve the ensuing mayhem, Artificial Intelligence offers a solution to the quandary. By the adoption of Chrysalis, Kenyan society attempts a social experiment that will finally not only provide equality but equity to all its citizens. Some, however, remain nostalgic for a past in which the status quo reigned supreme. From the spectacle of conflict to the intrigues of the Senate, from the struggles to exert influence in the corridors of power to the betrayals that threaten to tear apart the alliances of convenience forged. Visions of Chrysalis is an intimate portrayal of the quest to change the course of a nation's history, and the three men whose destinies inevitably clash in a ruthless duel of ambition.

<http://www.marymartin.com/web?pid=869097>

Name On The Door / Constance Mutheu

Kenya: Constance Mutheu (Self-Published), 2023

118p.

9798854549042

\$ 12.00 / PB

160gm.

In a world haunted by the malevolent Sir Elvis Mfalme and the shadowy City of the Iron Pillar, the protagonist, Zuri Tamala, young and ambitious, is kidnapped at dawn and thrown into a dangerous world of political corruption and human trafficking. As she fights for her survival and navigates through treacherous paths, she discovers dark secrets that threaten to destroy everything she once believed in. Her gripping tale of danger, love, and self-discovery unfolds as she confronts fears, transcends darkness, and forges a new destiny. This journey becomes a testament to resilience, friendship, and the indomitable human spirit, weaving a captivating story of courage and redemption.

<http://www.marymartin.com/web?pid=869098>

The Sins of Our Father / Wambui Kieya

Kenya: Wambui Kieya (Self-Published), 2024

134p.

9789914504941

\$ 18.00 / PB

180gm.

This book takes a look at what our decisions look like to our children and the how they affect their lives. A story of love and the desperate search for it and the different forms that desperation can take.

<http://www.marymartin.com/web?pid=869099>

Africanum / Elias "Mutendei Writes" Nabutete

2nd Edition

Kenya: Mutendei Writes (Self-Published), 2023

vi, 326p.

9781999041434

\$ 35.00 / PB

344gm.

Africanum: In an slightly altered alternate reality, a quadruple set of super-powered beings emerge, annointed by The Akhamasi, a immortal sect of African sorcerers who awaken to a disheartening state of an Africa fallen from grace.

Together they are committed to resolving global historical injustices perpetrated against the colonized people of Africa and North America.

When discussions for fair trade and restitution fall on deaf ears, the full extent of their powers are employed changing the geo-political landscape and reshaping Africa and the world into new alignments which humanity must adapt and come to terms with. A New African Utopia in Modernity – AFRICANUM

<http://www.marymartin.com/web?pid=869100>

The Men Do Not Eat Wings: A Novel / Steven Were Omamo

Second Edition

Nairobi: Richardson-Omano Books, 2023

352p.

9789914498752

\$ 25.00 / PB

346gm.

Set in Kenya and spanning almost three centuries from the pre-colonial 1700s to the turbulent 1990s, The Men Do Not Eat Wings tells the intertwined stories of eight men from five generations of a Luo family: Nwanji, Oweh, Osewe, Ang'awa, Luka, Boro, Okello, and Sakawa. In 1999, one of them, Luka, a successful farmer and businessman in western Kenya, is brutally murdered.

A poor squatter on Luka's farm is arrested and charged with committing the crime. But at Luka's funeral, why does his widow seem to suggest that Luka might have done something that contributed to his death? The answer lies partly in Luka's recent business dealings and the complicated relationships that underpinned them.

The answer also lies in Luka's entanglement in sinister tribalistic political schemes that soon draw in his son, Sakawa, and his brother, Okello. But most of all, the answer lies in Luka's family history and Luo culture – both of which are marked by male dominance, bravery, violence, ambition, and love.

<http://www.marymartin.com/web?pid=869101>

The Pearl on the Horizon: A Novel / Andrew Nyongesa

Nairobi: Nsemia Inc. Publishers, 2024

269p.

9789966082657

\$ 18.00 / PB

306gm.

The Pearl on the Horizon is a moving story about the devastating effects of materialism which sends a rich ethical message in line with religious teachings. Madame Victorine Mahfouz grows up in a materialistic family and looks at everything through these lenses. On the other hand, Eugene and Fresha believe in high achievements in education and subsequent roses. Confronted with unemployment and tough socio-economic demands, Madame Victorine mocks the two and even threatens to destroy their engagement. Underlying the plot is a classic romantic love relationship between Eugene and Fresha, on the one hand, and Madame Victorine's illicit amorous scandals, on the other. In these well-written passages with techniques enriched by letters, songs, poems and narration, the reader will appreciate the author's juxtaposition of success and survival. The Pearl on the Horizon draws a line between survival and success, crowns the latter prominence and discredits the former. The writer suggests that success is slow but bears enduring results. Survival, on the other hand, is quick but can lead to ruin.

<http://www.marymartin.com/web?pid=869102>

Tenets of Gold / Aaron Wanjala Barasa

Kenya: Williams Publishers Ltd, 2023

92p.

9789914704228

\$ 15.00 / PB

128gm.

"Tenets of Gold" is a captivating saga set in an ancient village, exploring the extraordinary passage of Namawanga, a dedicated warrior whose courage and love for his people guide him through celebrations and challenges. The narrative beautifully intertwines tradition and innovation, encouraging readers to reflect on the echoes of unity in their own lives.

<http://www.marymartin.com/web?pid=869103>

Awakening: A Novel / Naima B. Mohamed

Nairobi: Mint Press Books, 2022

88p.

9789914492217

\$ 18.00 / PB

108gm.

Awakening is a fictional novel that will assist the readers to care more about women and girls. You'll find through the pages of this book the author has shared the pain, thoughts of a character named Sarah, but with hope that she holds firm...she makes it in life.

<http://www.marymartin.com/web?pid=869104>

Till Death Do Us Part / Diana Mosoba

Kenya: Diana Mosoba (Self-Published), 2023

158p.

9789914502510

\$ 18.00 / PB
170gm.

In the bustling city of Nairobi, amidst the chaos of life, Tara finds herself ensnared in an all-consuming love affair with the enigmatic, good looking, and dangerous Joe. Drawn to his magnetism yet repelled by his volatility, she becomes entangled in a web of passion and fear.

As their tumultuous relationship reaches its breaking point, Tara learns deep and dark secrets that threaten to bury her alive, she faces a harrowing choice: to break free or succumb to the perilous allure of a man whose love is as intoxicating as it is destructive.

In a gripping tale of love, obsession, and survival, follow Tara's journey as she navigates the perilous depths of her own emotions and the haunting consequences of a fatal decision that changes the course of her life forever. A story of secrets, betrayal, and the ultimate act of self-preservation, "Till Death Do Us Part" explores the boundaries of love and the price one must pay for freedom.

<http://www.marymartin.com/web?pid=869105>

The Unforgotten / Imali J. Abala
Nairobi: Nsemia Inc. Publishers, 2023
vi, 158p.
9789966082961
\$ 12.00 / PB
188gm.

Imali Abala's The Unforgotten is a memorial work of fiction that captures the fate of Desi Makhungu in the face of tragedy and cultural gender disparities. When her son Jordan Ūmbisi leaves home in search of greener pastures, following the footsteps of his older brother, it is a moment of hope for better days ahead. He leaves behind his pregnant wife and aging parents who all remain optimistic that he will be successful and help them along! That is never to be! He completely loses ties with his family even when tragedy strikes back home. Now widowed, Desi faces the full gravity of living as a woman with no male figure in the home! What would be her fate in the days to come with neither husband nor son present? Who would build her a home when the old one falls apart? Would cultural practices 'bend' enable her to inherit her husband's land?

<http://www.marymartin.com/web?pid=869106>

The Windmill Dance / Neville Otuki
Kenya: Njoki Karuoya Creative & Media Centre, 2023
ix, 113p.
9789914502633
\$ 20.00 / PB
142gm.

"Danger is looming!" rings out from television screens and newspaper pages. Paul's stomach churns, deeply worried. Will the looming disaster wreak havoc on his home village? He wonders if there is anything he can do to stop the worst from happening but soon realises the best way to tackle the crisis barrelling their way is by targeting the root cause. But he won't do it alone. And it won't be easy, but there's no other way.

<http://www.marymartin.com/web?pid=869107>

Battles of the Savannah / Sammy Biwott Kipsang
Nakuru: Striidas Publishers, 2023
iv, 180p.
9789914495195
\$ 15.00 / PB

210gm.

A fictional story about Kalenjin way of life. Conflicts, Culture and tradition, betrayal are the main themes. Two friends eventually turn into greatest enemies and one kills the other in climax.

<http://www.marymartin.com/web?pid=869108>

Rock of the First Wife (Kit Mikayi) / Ben O. Okech

Nairobi: African Ink Publishers Ltd, 2023

xii, 118p.

9789914973617

\$ 15.00 / PB

140gm.

Rock of the first wife (Kit Mikayi) stems from the rocky ridges of Seme. When young Okello and Nyowila meet at a festival organized by the great chief, their united passion leads down a destructive path. Their union brings on them a curse so great that only Nyowila sacrificing herself at the great rock can restrain the Chira. Years later, however, destiny seems to have a similar course for the life of their son, proving what the villagers have always deemed true: a curse never really goes away; it just stays in the blood, waiting to be resuscitated and flow through the generations. Such was the case for the young man, Ngeso, a child born out of a tabooed relationship.

Ben Okech is a drama and literally enthusiast. He prides in telling tales of the Luo and giving life to them through novels. His quest is to connect with folklore that is facing danger of extinction. He is a teacher of English and Literature and both a trainer of drama and an adjudicator of the same. He has contributed to the literature world through his contribution to a short anthology story titled The Children of The Rain and the novella The Last Pillar of Ramogi, The Last Known Maidens of Ramogi, The Last Hand of Ramogi and the Omnibus of the Legacy of Ramogi.

<http://www.marymartin.com/web?pid=869109>

Let Me Call You Back / Jackson Biko

Nairobi: Jackson Biko (Self-Published), 2023

212p.

9789914500981

\$ 18.00 / PB

104gm.

Samora's is not a story about redemption, sacrifice or any of those things we want to read about. This is about idiocy and working one's way between a rock and a wife.

<http://www.marymartin.com/web?pid=869110>

Nyokabi and Konyeki : Interweaving of Gikuyu Myths / Komu Wa Nyina

Kenya: Komu Wa Nyina (Self-Published), 2023

136p.

9789914503111

\$ 12.00 / PB

122gm.

This novelette weaves together different Gikūyū folktales into one coherent narrative- more memorable and more dramatic.

<http://www.marymartin.com/web?pid=869111>

Silent Whispers and Other Stories / Muktar Abdi Hussein (Fodey)

Kenya: Muktar Abdi Hussein (Self-Published), 2024

108p.

\$ 15.00 / PB

136gm.

Maya in Silent Whispers takes a transformative journey through the uncharted territory of a young girl's life, where innocence is shattered, and the strength to heal and rise above the darkness of circumstances is discovered. In a small village nestled amidst rolling hills, Maya, a bright-eyed girl filled with dreams and aspirations, finds solace in the world of books and learning.

<http://www.marymartin.com/web?pid=869122>

The Musunzu Tree and Other Stories / Cynthia Abdallah

Kenya: loneycommunications, 2021

56p.

9789914400328

\$ 8.00 / PB

80gm.

Mothers, machetes, a singing contest, a small blue room, the shade of a Musunzu tree.

This collection of short stories shows different facets of personhood, shades of happiness, and despair. Anchored by a sense of community, the characters probe the limitations of their existence.

Woven underneath these complex, playful, twisting tales is a bold exploration of African consciousness and culture.

<http://www.marymartin.com/web?pid=869123>

Flashes of Vice, Volume IV : A Collection of Flash Fiction / Vincent De Paul

Nakuru: Mystery Publishers (Kenya) Ltd., 2024

152p.

9789966100061

\$ 18.00 / PB

240gm.

What do you get when you mix terrorism, crime, crimes of passion, human relationships, and social evil?

A collection of flash fiction stories that will shock you, thrill you, and make you think. They explore the dark side of humanity, where violence, betrayal, corruption, and oppression are the norm.

Each story is a glimpse into a different reality, where anything can happen, and no one can be trusted.

<http://www.marymartin.com/web?pid=869124>

Camp in Between: Stories / S. Awuor Opanga

Nairobi: African Ink Publishers Ltd, 2023

v, 95p.

9789914966985

\$ 12.00 / PB

108gm.

Camp in Between is a collection of six exhilarating stories, with various plots, set in various towns in Kenya, woven together by the author's inventive use of Kenya's many languages, her humorous wit, and fearless bluntness, majorly to

ask one question, what makes a good parent?

Love within and without the bounds of morality addressed, and so is history and a little bit of Kenya's constantly unstable style of government and where that might lead us.

<http://www.marymartin.com/web?pid=869125>

The Century Nightmares / Mabok Achol

Kenya: The Writers Pen Publishers, 2023

ix, 95p.

9789914502725

\$ 12.00 / PB

128gm.

"The Century Nightmares" by Mabok Achol is a moving collection of poems that speaks to the struggles of our contemporary world. With powerful imagery and language, Achol captures the essence of the human experience, evoking empathy, compassion, and hope. From the struggles of homelessness to the universal experience of loss, and the importance of perseverance in the face of life's challenges, these poems are truly inspirational.

Achol's ingenuity shines through in this collection, as he masterfully uses metaphor and symbolism to convey the depth of emotion in each poem. His ability to capture the universal experience of human emotion is truly impressive, and his message of hope and resilience is particularly relevant in a world where so many are facing adversity.

Whether you're a lover of poetry or simply seeking inspiration and encouragement, "The Century Nightmares" is a must-read. Achol's powerful and emotive language will leave you moved and inspired, reminding you of the power of poetry to connect us all as human beings. So, if you're ready to be inspired by the power of words, locate "The Century Nightmares" and have a blissful read.

<http://www.marymartin.com/web?pid=869126>

Strange Water: Our Stories Redefined Anthology for African Writing 2023: Poetry Edition / (Ed) Y W Mamuyu

Nakuru: Mystery Publishers (Kenya) Ltd., 2023

xiv, 132p.

9789914964189

\$ 20.00 / PB

196gm.

In this edition, you discover the vibrant mosaic of poetic brilliance in 'Strange Water', a mesmerising collection that transcends the boundaries of time and space. Delve into a genius interlocking of artistry and talent as diverse voices unite to explore the myriad hues of African love, culture, and the human experience.

With each verse, these gifted poets paint vivid landscapes, echo ancient rhythms, and weave powerful narratives for the African future they wish to see. Let the pages unfold, and your soul be enchanted by this anthology that celebrates the rich tapestry of African storytelling, its profound depth, and its boundless resilience in a fight to reclaim its place.

<http://www.marymartin.com/web?pid=869127>

Politics

The Political Canary of Kenya / Akech Ochungo

Kenya: Bounceback Books, 2023

xviii, 176p.

Includes Bibliography

9789914502961

\$ 30.00 / PB
274gm.

The Political Canary of Kenya is a thoughtful look at Kenyan politics that invites sensitivity and mindfulness to our national dialogue. While Eng. Dr. Elisha Akech Ochungo has presented the case of the Joluo people and their evolutionary political experiences from pre-independence to date, what he has also managed to do is take a necessary pause to reflect. This book is an invitation to change and growth in political maturity in Kenya's political landscape as the author paints a picture that helps us be more reflective about our history and sensitive to the steps that were taken to create the political atmosphere that we have in our country today. He also urges us to think about what must now happen in order for us to have the nationhood we really need.

Agree with his perspectives or not, you certainly will not be able to disconnect from the ideas that the author presents, nor disregard the role you may have played or will need to play in the future. In gently nudging us towards a more compassionate approach in our dealings with the Joluo people, we are forced to also handle each Kenyan community and individual with the same regard. This book is a must-read for anyone who cares about the future of our nation.

<http://www.marymartin.com/web?pid=869128>

Defining the Kenya We Want / Samuel Ngugi Karanja
Kenya: Samuel Ngugi Karanja (Self-Published), 2023
132p.
\$ 15.00 / PB
156gm.

In this book, Samuel Ngugi shares his insights on the current state of the Kenyan nation with respect to certain key areas and what can be done with regard to current national benchmarks while pointing out challenges to be expected. This would enable the reader to develop a mental framework within which to understand the Kenyan nation and its aspirations and probably provide unique solutions going forward. To develop such a framework, one needs to accumulate sufficient knowledge, identify misconceptions while correcting them, and lastly dismantle limiting beliefs that may hamper vision. At the tail end of the book, he provides a summary that could simplify the process of developing such a mental framework.

<http://www.marymartin.com/web?pid=869129>

Psychology

African Daughters : In Her Memory / Kinya Gitonga
Nigeria: Hidden Legacy Publishers, 2024
68p.
9789914505375
\$ 10.00 / PB
102gm.

She walks with shoulders held high, always moving from one task to the next. She embodies the roles of a mother, daughter, sister, wife, and granddaughter. A leader and a nurturer, she is a force to be reckoned with. Who is she? She is an African Daughter.

"This book fearlessly sheds light on the harsh realities faced by women in Africa and beyond. From the haunting echoes of silenced voices to the resilient spirit of those who refuse to be silenced, it stands as a powerful testament to the unwavering strength and courage of African women.

Through narratives and heartfelt reflections, the author delves into daily struggles endured by women. Yet, amidst the darkness, there is a beacon of hope—a testament to the indomitable spirit of African daughters who rise above adversity with grace and dignity. With a keen eye for detail and a compassionate heart, I invite readers on a journey of discovery, illuminating the tales of African womanhood. From the unseen epidemic of violence to the empowering call to action for women's rights, this book serves as both a rallying cry for change and a celebration of resilience.

Addressing society as a whole, the author presents narratives to both men and women, reminding them of their duties in ensuring a just society. Comprising poems, narratives, letters, and a journal engagement, it prompts readers to recall the women of the past and celebrate the modern African woman.

Welcome to this special edition commemorating International Women's Day, where we celebrate the courage, resilience, and achievements of women worldwide. As we honor their contributions, let us also reflect on the challenges they face and the progress yet to be made, while never forgetting to honor the women in our lives whom we may have lost."

<http://www.marymartin.com/web?pid=869130>

The Crimson Pill / Kachien Kiyany

Kenya: Kachien Kiyany (Self-Published), 2023

104p.

\$ 10.00 / PB

104gm.

The 21st century African masculinity is at a crossroads. Coming from strong time-tested African cultural values, encouraged to turn right into the path of the Christian man. Finding dissatisfaction, the man staggers back to the crossroad where the yet-unexplored paths of red pill and conformity to left-liberal type of masculinity await to tempt him. Those men, who are ahead of the other men, are encouraged to never speak of their failures. To cry with their tears rolling inside. Walk with me as I share what I have learnt as I walked away from paralyzed masculinity.

<http://www.marymartin.com/web?pid=869131>

The Present is the Seed / Allan Kuchwa

Kenya: Allan Kuchwa (Self-Published), 2021

64p.

9789914991147

\$ 10.00 / PB

88gm.

"The Present is the Seed" delves into the profound journey of embracing the new normal and cultivating a sense of self-justice through the metaphorical process of planting a seed. In a world undergoing constant change, the book advocates for acceptance and urges readers to navigate the intricate landscape of transformation. The narrative unfolds as the protagonist metaphorically plants a seed, symbolizing the initiation of personal growth.

Central to the book is the notion of harvesting – a metaphor for reaping the rewards of personal development and the acceptance of opportunities that come one's way. It emphasizes the importance of appreciating and being content with the harvest, reflecting on the achievements and lessons learned throughout the journey. Crucially, "The Present is the Seed" promotes the idea of inclusivity and rejects self-discrimination. It encourages readers to recognize and embrace the diverse opportunities available to them, fostering a mindset that opens doors rather than closes them.

In essence, "The Present is the Seed" serves as a guide for navigating the complexities of the present, advocating for self-justice, and fostering a mindset of inclusivity and appreciation for the opportunities that contribute to personal growth.

<http://www.marymartin.com/web?pid=869132>

Religion-Christianity

LUO: Great Light of Nations / Enoch RA
Second Edition
Nairobi: Enoch Light Enterprises, 2022
vi, 942p.
\$ 65.00 / PB
1140gm.

This book celebrates the 4900th year anniversary of Luo as select lineage of God. Most significantly, it proclaims the good news of the resurrection of Christ as son of God and first light of humanity. As a special epochal mark confirming fulfillment of prophesy, it also symbolizes renewal of the covenant between Luo, who is biblical Israel and God Almighty.

<http://www.marymartin.com/web?pid=869133>

Sociology

Feminism for the African Woman: An Illustration of what was, what is and what could be / Lyna Dommie Namasaka
2nd Edition
Kenya: Oba Kunta Octopus Books, 2023
292p.
9781349143278
\$ 25.00 / PB
358gm.

Initially written as 'Because we are People', Lyna Dommie Namasaka's 'Feminism for the African Woman' is an argument for the African feminist discourse. It uses historical records, collections of personal stories and statistics to explore African feminism dynamics in attempts to bridge the gap that exists between African modern feminists and the local realities of the other half of African women. It attempts to bridge the disconnect these differences have created and avoid the potential aftermath of this disconnect. More importantly, the book counters the widespread narrative that Africans live in a post-feminist era.

<http://www.marymartin.com/web?pid=869134>

African Woman the Powerful Victim / Mbaye 'Birome' Diouf
Kenya: Dilev Publications Limited, 2023
viii, 104p.
9789966196965
\$ 25.00 / PB
138gm.

African Woman, the Powerful Victim is a collection of short stories depicting the constant struggles of women in their everyday lives, in a rapidly evolving world full of contradictions and upheavals. These stories represent a mixed bag of sufferings and blessings. Efforts are being made to better the life of an average woman in Africa. In this context, the author strives to add his voice, in his own small way, to the efforts being made by the international community and individual governments towards a better future for women. The darkness of our bedrooms exposes the evils of our societies, and women

often end up being the victims of such evils. Through a well-stocked experience, the author immerses us into the painful environment of the mistreatment of women in the society. The heart-touching stories transcend an everyday reality in front of our doors which 'seem closed to eradicate these horrors. The author positions himself so admirably to fight against this relentless menace of violence suffered by women across the continent. Beside the sad picture drawn by the author, moments of marital happiness and family harmony also punctuate the book.

<http://www.marymartin.com/web?pid=869135>
