

## Recent Books from New Zealand – Mar 2021

**Mary Martin Booksellers Pte Ltd**

**Blk 231, Bain Street**

**#03-05, Bras Basah Complex**

**Singapore 180231**

**Tel : +65-6883-2284/6883-2204**

**Fax : +65-6883-2144**

**[info@marymartin.com](mailto:info@marymartin.com)**

**[www.marymartin.com](http://www.marymartin.com)**

### Art

Hinemihī : Te Hokinga – The Return / Hamish Coney (et al.)

(Photographs) Mark Adams

Auckland: Rim Books, 2020

128p.

9780995118447

\$ 60.00 / PB

816gm.

The journey of the carved house Hinemihī o Te Ao Tawhito (Hinemihī of the old world) is one defined by cataclysmic events and the unpredictability of elemental forces. Through eruptions, fires, wars and displacement she has endured.

Today she is an honoured kuia, revered by her iwi in the United Kingdom and her original owners and creators, Tūhourangi, as well as the wider iwi of Te Arawa.

Hinemihī is also an artwork, a taonga of rare beauty whose artist carvers, Tene Waitere and Wero Tāroi, are celebrated in this publication. Hinemihī o Te Ao Tawhito will return to Aotearoa after over a century standing in the gardens of Clandon Park in Surrey, home of the Onslow family whose ties to New Zealand date to the tenure of the 4th Earl, William Hillier Onslow's tenure as Governor-General in the 1890s. This publication is also a celebration of one of New Zealand's most distinguished photographic artists, Mark Adams, and marks his recent exhibition Hinemihī: Te Hokinga – The

Return at Two Rooms Gallery in July and August 2020. Hinemihi: Te Hokinga – The Return also features numerous unpublished historic images sourced from private collections and New Zealand museums.

The preparation of the publication has taken place in close consultation with Ngā Kohinga Whakairo – the Rotorua based organization which represents Hinemihi’s ancestral iwi Tūhourangi, Ngāti Hinemihi and Ngāti Tarawhai.

<http://www.marymartin.com/web?pid=754968>

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Dwelling in the Margins : Art Publishing in Aotearoa / (Ed)

Katie Kerr

Auckland: Gloria Books, 2020

312p.

9780473544782

\$ 55.00 / PB

306gm.

On the periphery of Aotearoa New Zealand's publishing scene, there is a rich and varied cottage industry of small press publishers. They work in collaboration, in gaps between paid gigs and with the support of like-minded peers: poets who print, curators-cum-editors, self-publishing photographers, and cross-disciplinary designers.

From this rich set of makers come books that are inventive. Books that are attentive and thoughtful. Books that are often genre-bending and indeterminate. Books that are exquisitely designed. Books that exist as beautiful objects, often made to be admired rather than mass-produced. Despite the huge costs of printing, and even bigger challenges of distribution, alternative publishing in Aotearoa is thriving.

*Dwelling in the Margins* introduces the leading figures of independent publishing in their own words. Through a curated collection of stories and essays, thirty practitioners reflect on their craft, speculate on the changing landscape of book-making, and imagine alternative frameworks for the future of publishing.

With contributions by Alan Deare, Alice Connew, Anita Totha, Balamohan Shingade, Bridget Reweti, Bruce Connew, Catherine Griffiths, Chloe Geoghegan, Chris Holdaway, Dominic Hoey, Ella Sutherland, Erena Shingade, Gabi Lardies, Harry Culy, Haruhiko Sameshima, Imogen Taylor, Jonty Valentine, Judy Darragh, Katie Kerr, Lizzie Boon, Louise Menzies, Luke Wood, Matariki Williams, Matthew Galloway, Melinda Johnston, Samuel Walsh, Sarah Maxey, Simon Gennard, Sophie Davis, Sophie Rzepecky and Virginia Woods-Jack.

<http://www.marymartin.com/web?pid=754969>

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### **Biography/Memoirs**

Farm For Life : Mahi, Mana and Life on the Land / Tangaroa Walker

Auckland: Penguin Random House New Zealand, 2021

272p.

9780143775706

\$ 45.00 / PB

386gm.

Book Details:

How farming helped Tangaroa Walker to stand up, stand out and realize his own dreams.

The awesomely inspiring true story of how Tangaroa Walker turned his life around through farming - and how what he learned can help anyone succeed. Tangaroa Walker's early years were pretty rough. Adopted twice, he went to six different schools by the time he was six. He never read a book in his life and lived to play rugby. But he had a dream, and he knew how to do the mahi. Today, T is a true community and industry leader running a successful 500-cow dairy farm and reaching millions as the much-loved face of Farm4Life with his practical, inspiring, crack-up videos on everything from farming to fishing, finance to whanau, management to mental health. This is the story of how he did it - the good and the bad times - and all the lessons learned along the way.

<http://www.marymartin.com/web?pid=754970>

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Perfection : The Life and Times of Sir William Manchester /  
Earle Brown & Michael F. Klaassen  
Auckland: Mary Egan Publishing, 2021  
268p.  
Includes Index  
9780473539511  
\$ 50.00 / PB  
590gm.

From country boy to internationally renowned plastic surgeon, from junior medical officer to Lieutenant Colonel in just four years, Perfection: the life and times of Sir William Manchester covers a life of achievement and service. Hailing from small beginnings in rural Waimate, William Manchester became a battalion medical officer with the New Zealand Army in the United Kingdom during World War II. Selected in 1941 to train as a plastic surgeon, serendipitously under the supervision of the great pioneers Gillies, McIndoe, Mowlem and Barron - all New Zealanders - he excelled in this evolving surgical craft. In 1942, after eleven months training, he was posted to No. 1 General Hospital, Helwan, Egypt, to establish a plastic surgery unit for wounded New Zealand soldiers. After two years in Egypt, Manchester was ordered to return to New Zealand, where he was instrumental in the development of the plastic surgery unit at Burwood Hospital in Christchurch, primarily for wounded soldiers but also for selected civilian patients. At the end of 1950, he established the plastic surgery unit at Middlemore Hospital in Auckland, where he trained generations of young surgeons and nurses, became a world expert on the multi-disciplinary management of cleft lip and palate as well as a leader and political mentor on the world stage of plastic and reconstructive surgery. This biography is based on the extensive archives left by Sir William, the authors' research into his achievements and their personal knowledge of him, working with him as a trainee and colleague.

<http://www.marymartin.com/web?pid=754972>

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### **Economics/Development Studies**

Whose Futures? / (Ed) Anna-Maria Muttola & Shannon Walsh  
Auckland: Economic and Social Research Aotearoa, 2021

250p.

9780473547387

\$ 40.00 / PB

298gm.

Many have become accustomed to speaking of what comes next in terms of a singular 'future'. Such accounts tend to operate within the narrow confines of colonial capitalism and assume continued economic growth. But there is no 'one' future; there are many. As the contributions to this book attest, irreconcilable and interrelated futures are already playing out in the present.

This collection brings together voices and perspectives from Aotearoa New Zealand to interrogate whose lives are at stake, whose voices and visions count, and what elements are at play in the unfolding of certain futures over others. Authors highlight the need to be attentive to how various social technologies and institutions invite certain ways of being, thinking and acting and exclude others. In doing so, they offer a series of reflections on futures 'from below', in order to amplify voices and fight for alternatives.

<http://www.marymartin.com/web?pid=754973>

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Silver Linings : Kiwi Success Stories in the Time of Covid /  
David Downs & Joe Davis

Auckland: Penguin Random House New Zealand, 2021

272p.

Includes Index

9780143775478

\$ 50.00 / PB

830gm.

Stories of business innovation and profoundly human triumph in the face of adversity.

The Covid-19 lockdown in New Zealand caused fear, hardship and loss. Through this time of unprecedented national hardship, however, there emerged incredible stories of hope and optimism. Businesses innovated and found new ways to create value, communities came together in new ways online, and families reconnected through time spent together.

This book is a collection of those stories from across Aotearoa. It shows how New Zealand - and New Zealanders - respond when the going gets tough!

The book was the brainchild of the well-known business Nanogirl Labs, which lost a full 18-month work calendar over a few days before the Covid-19 Level 4 lockdown. Founders Joe Davis and Michelle Dickinson (Nanogirl) could have closed their doors and headed home. Instead, they made a choice to change direction and four days later launched a brand-new, entirely online learning program for families. They tripled their staff headcount as the lockdown loomed, took on new premises, built a full production studio and went to market. They now have thousands of subscribers across 76 countries around the world, and are growing fast.

Michelle and Joe have collaborated with writer and fellow innovator David Downs to collect the stories for this book.

<http://www.marymartin.com/web?pid=754974>

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## **Food & Beverages**

Beyond the Vines : The Changing Landscape of Wine in Aotearoa New Zealand / Jules Van Costello

New Plymouth: Wild Bunch Press, 2020

174p.

9780473546632

\$ 50.00 / PB

296gm.

Beyond the Vines: The Changing Landscape of Wine in Aotearoa New Zealand is a deep dive into the world of wine in Aotearoa - past, present and future. Beyond the Vines profiles 65 of the country's most exciting and innovative producers and explores the wine regions and various grapes we've made our own. It is a look at the strengths and struggles of our unique wine industry and a discussion of some of the challenges it will face in years to come.

<http://www.marymartin.com/web?pid=754975>

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## **History**

Wrights Hill : New Zealand's 9.2-inch Coast Defence Batteries / Peter Cooke

2<sup>nd</sup> Edition

Wellington: Defence of NZ Study Group, 2020

9780473505066

\$ 65.00 / PB

574gm.

A professional referenced history of the 9.2-inch counter-bombardment battery built to defend Wellington Harbour and Cook Strait in the 1940s, with coverage of the rise in need for it, selection of the site, construction and importing the equipment, installation of the equipment and proof firing, and the facility's later life after its military career ended. The two identical Auckland battereis are also mentioned in context.

<http://www.marymartin.com/web?pid=754976>

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Wars Without End – Nga Pakanga Whenua O Mua : New Zealand's Land Wars – A Maori Perspective / Danny Keenan  
Auckland: Penguin Random House New Zealand, 2021

304p.

Includes Includes ; Bibliography

9780143774938

\$ 45.00 / PB

398gm.

A captivating and incisive account of New Zealand's Land Wars – from a Maori perspective.

From the earliest days of European settlement in New Zealand, Maori have struggled to hold on to their land.

Tensions began early, arising from disputed land sales. When open conflict between Maori and Imperial forces broke out in the 1840s and 1860s, the struggles only intensified. For both sides, land was at the heart of the conflict, one that casts a long shadow over race relations in modern-day New Zealand.

*Wars Without End* is the first book to approach this contentious subject from a Maori point of view, focusing on the Maori resolve to maintain possession of customary lands and explaining the subtleties of an ongoing and complex conflict.

Written by senior Maori historian Danny Keenan, *Wars Without End* eloquently and powerfully describes the Maori reasons for fighting the Land Wars, placing them in the wider context of the Maori struggle to retain their sovereign estates. The Land Wars might have been quickly forgotten by Pakeha, but for Maori these longstanding struggles are wars without end.

<http://www.marymartin.com/web?pid=754978>

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## **Literature**

The Nine Lives of Kitty K. : An Unsung Heroine of the Goldfields / Margaret Mills

Auckland: Mary Egan Publishing, 2021

378p.

9780473542030

\$ 40.00 / PB

574gm.

Set in a turbulent period of goldfields' history, *The Nine Lives of Kitty K.* paints a vivid picture of pioneer life as told by the sons and daughters of those who lived it and survived the terrible Depression of the 1890s. Kitty Kirk (1855-1930),

arguably the toughest woman in Otago history, endured those times, supporting herself as a woman alone. Happiness was followed by tragedy, fame by infamy, and the circle was repeated more than once. Some locals called her a heroine, others called her a harlot. Whichever she was, she became a legend in her own lifetime for her daring deeds that are still remembered and talked about ninety years after her death.

<http://www.marymartin.com/web?pid=754979>

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Time to Remember / Janna Ruth

New Zealand: Janna Ruth, 2021

324p.

9780473544898

\$ 45.00 / PB

396gm.

When the Canterbury Earthquakes destroyed their city, Natalie and her friends were only ten years old. Too old to forget, but too young to be heard, they have never told their stories. Until now. Ten years after the earthquakes, Natalie returns to her home town with a plan. To show how the earthquakes shaped her generation, she wants to curate her fellow students' stories into a special edition of the student magazine. Her project is well-received by all, but one: her self-proclaimed nemesis Josh. From the start, Josh goes out of his way to get the project cancelled. Natalie is determined to see her vision through, yet when she finally uncovers the reason behind Josh's actions, she finds herself questioning everything she's been working towards. 'Time to Remember is a compelling narrative underpinned with the lived experience of the author and her peers. Readers will easily empathise with the trials and triumphs of the characters while the generation that grew up over the past ten years in Canterbury will recognise themselves within these pages. This well-researched novel beautifully captures that magical time at the beginning of adulthood when relationships are tested and world views are tilted.' Sarina Dickson, author of The Worrybug series.

<http://www.marymartin.com/web?pid=754980>

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Rising Tide / Jennifer Palgrave  
Wellington: Town Belt Press, 2021  
218p.  
9780473560508  
\$ 40.00 / PB  
272gm.

Nat Spiller, an admired climate change activist, accidentally drowns. An accident? His partner Ellie thinks otherwise. Pam, Ellie's aunt, draws a reluctant Lauren Fraser into the mystery. The formidable Spiller clan tell Lauren to butt out. Will they follow through on their threats? As Lauren investigates, suspects multiply. Was it Harold the bird-watcher, envious of Nat's charisma? Or Derek, whose shonky Antarctic climate science Nat was about to expose? Or Rodger, wanting Ellie for himself? Lauren enlists her circle of friends to help build the evidence for murder. The truth catches them all unawares.

<http://www.marymartin.com/web?pid=754981>

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## **Politics & Government Studies**

Social Policy Practice and Processes in Aotearoa New Zealand  
/ (Ed) Graham Hassall & Girol Karacaoglu  
Auckland: Massey Texts (Massey University Press), 2021  
456p.  
Includes Index  
9780995137837  
\$ 90.00 / PB  
1120gm.

Social Policy Practice and Processes in Aotearoa New Zealand introduces the reader to social policy in the contemporary New Zealand context. Commencing with an overview of political theory that has influenced New Zealand's social and institutional architecture, Social Policy examines how current

ideas about uncertainty, big data, well-being and 'future-proofing' are influencing approaches to policy design, implementation and evaluation.

<http://www.marymartin.com/web?pid=754982>

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Love You : Public Policy for Intergenerational Wellbeing /  
Girol Karacaoglu (Foreword) Robert Wade  
Wellington: Tuwhiri Project, 2021

xxvi, 182p.

9780473557898

\$ 40.00 / PB

438gm.

'I want you to live the life that you want to live. I will be as happy as you if you do; and as unhappy as you if you don't.' We have no idea what future generations will value and how they will want to live. Nor do we wish to prescribe how they choose to live, so long as they do not prevent others from living the lives they value.

We want to prepare and look after the 'wellbeing garden' - the broader ecosystems - that will provide them with the opportunities and capacity to survive and thrive, to flourish in safety. As another philosopher, Walter Benjamin, put it, 'We want to liberate the future from its deformation in the present.'

Wellbeing is about the ability of individuals and communities to live the lives they value - now and in the future. This is their human right. It would be unjust to prevent the enjoyment of lives centred on chosen values. Preventing such injustice across generations should be the primary focus of a public policy that has intergenerational wellbeing as its objective. This book examines the processes by which wellbeing-focused public policy objectives are established, prioritised, funded, implemented, managed, and evaluated, while ensuring that they remain relevant as social preferences change over time.

<http://www.marymartin.com/web?pid=754983>

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## **Psychology**

Sleep Easy : How I Took Charge of My Terrible Sleep – and You Can Too / Bernice Tuffery (Forewords) Dr Tony Fernando & Dr Moira Junge

Auckland: Allen & Unwin, 2021

432p.

Includes Index

9781988547459

\$ 45.00 / PB

536gm.

**Say goodbye to lousy sleep with this six-week, step-by-step programme to help you kick insomnia to the curb forever.**

Bad sleep sucks. Sleep deficiency defies our biology and sabotages our days. Yet more than a third of us struggle to get to sleep or stay asleep at night. We can shake off the odd sleepless night, but when sleep difficulties persist, things start to unravel. Sleep debt takes its toll on our mood, energy, and productivity. It affects our behaviour around food and exercise as well as eroding our immunity, even our mental and physical health. As our best efforts to help ourselves fail, or perpetuate the problem, we can feel disillusioned, disempowered and frustratingly stuck. You're not alone, and there is a way through. This six-week, step-by-step guide will help you sleep easy. Bernice Tuffery, fed up after years of compromised sleep, made it her mission to learn how to sleep well again. She'd tried early nights, warm baths, a bit of yoga and meditation, but nothing worked. Even natural supplements, over-the-counter sleep aids, melatonin, and at times sleeping pills, failed to deliver a sustainable solution. As a qualitative market researcher, she was determined to know how to sleep naturally again. She discovered a proven, natural, and very learnable way to improve chronic sleep difficulties. Cognitive Behavioural Therapy for insomnia (CBTi) is recognised

internationally by sleep experts as the gold-standard treatment for insomnia. But with a lack of awareness, a severe shortage of experts offering it and virtually no public funding for treatment in New Zealand and Australia, it's hard and expensive to access. From her discussions with sleep professionals, extensive research and her lived-experience of restoring her own sleep, Bernice shares her knowledge with humour and heart. Confident that CBTi can be self-taught, she offers this practical and inspiring insiders' guide to getting a good night's sleep.

<http://www.marymartin.com/web?pid=754985>

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